

Gifts of the Mother – Matridonal Remedies of the Humanum Family - Melissa Assilem

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Like other pioneers in homeopathy, Melissa Assilem brings a unique perspective to the subject. Her focus has been on women's health issues, ranging from hormonal effects to spiritual awakening. Her special sensitivity is revealed in her latest work, *Matridonal Remedies of the Humanum Family*. In this book she explores the remedies Lac Humanum, Folliculinum, Placenta Humana, Vernix Caseosa, Amniotic Fluid and Umbilical Cord.

These remedies represent substances we've all been exposed to. They also relate to periods everyone has evolved through, or should have. For those reasons alone, these must be considered important remedies. Melissa describes the process of life from conception to birth, making many interesting connections and describing how we are shaped by these substances.

This book is a combination of Melissa Assilem's observations and philosophy, along with reactions of proverbs to remedies. Throughout it, we find fresh perspectives on remedies such as:

"Mother's milk ...entices us to stay on earth, to become attached here and make the decision to stick around. It is the substance that teaches us desire".

"Folliculinum... People who need it have no sense of authority and have never learned to say "no". They feel someone else is in control. Folliculinum can break the controlling link."

"People who need Vernix are ill at ease in the world, and sensitive to all its poisons and pollutants".

"The core of Umbilical humanus is about innocence lost and innocence found."

You won't find long lists of proving symptoms, which can be sourced elsewhere. Rather, Melissa aims for the metaphor of each remedy, and the spiritual aspect of it. One experiences her poetic sense and spiritual sensitivity when reading these remedy descriptions.

It seems that homeopathy is moving in two directions; one seeks objective

scientific evidence, the other reaches for homeopathy's outer limits, which are discovered by intuitive leaps. Melissa Assilem has taken this latter route, searching for the "spiritual magic of homeopathy". Occasionally, the book leaned very far to the poetic aspects of homeopathy. A potentization is stopped at 40c because that's when the remedy wanted to stop. In the proving of *Umbilicus humanus*, provers experienced "time distortions" such as "Alarm clock broke", "Watch stopped on day one and started again at end of proofing". It helps to have to a keen sense of synchronicity and the mystery of life, to follow this road. Just when I started to feel lost, Melissa would offer some insight or metaphor to connect the dots. She gains her awareness by stepping into the energy of the remedy, and it takes a very special person to manage this. Any who doubt this "spiritual" approach, should remember that homeopathy operates outside mechanistic principles. Recall Hamlet's dictum: "There are more things in Heaven and Earth, Horatio, than are dreamt of in your philosophy."

The book contains ample quotes from provers, recalling their experiences and dreams, which helps to flesh out the remedies and make them real.

On the whole, the book makes the case, convincingly, that these are important remedies, which resolve deep primal issues.